



NORTHERN EXPOSURE  
CAMP

Hosted by:  
Brown University

CONFIRMATION PACKET

July 11-14, 2011  
At  
Portsmouth Abbey School, RI



JULY 11-14, 2011

## WELCOME TO THE INFINITY CAMP EXPERIENCE!

You have registered for an incredible 4 days of lacrosse, competition, fun, and learning! We are glad that you chose the Infinity Camp Experience- the countdown is on!

All details and information may be found on [www.infinitycamps.com](http://www.infinitycamps.com)

This packet includes all the details that you will need to know for camp including: transportation, registration, check-out, commuter policy, what to bring, daily schedule, area restaurants and hotels, and health forms.

## TO DO BEFORE CAMP:

- ✓ Email [infinitycamps@aol.com](mailto:infinitycamps@aol.com) if you are arriving by plane or train. If you need a ride from the airport or train station to the school, one can be provided for you. It is a \$15.00 cost each way and we will need to know arrival time, flight/train #, cell phone # where you can be reached and departure times.
- ✓ Make sure you have everything you need on the "what to bring list."
- ✓ Print out and fill out the health form and parental release form. You will need a physician's signature (pages 5 and 6 of this packet).
- ✓ Have an awesome 2011 season to prepare you for the ultimate camp experience!

## REGISTRATION CHECK LIST:

- ✓ Signed Parental Release Form by parent or guardian
- ✓ Signed Health Form by physician. (A copy of a camper's school physical, including IMMUNIZATION HISTORY, and a DOCTOR'S SIGNATURE, may be substituted in lieu of this form if the physical was performed within 12 months prior to camp start date.)
- ✓ Balance Due
- ✓ Excitement for camp!



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### CONTACT INFORMATION:

Website: <http://infinitycamps.com>

Mailing Address: Infinity Sports Camps- Box 2623- Providence, RI 02906

Email: [infinitycamps@aol.com](mailto:infinitycamps@aol.com)

Phone: 401-935-2339

Fax: 401-863-7516

### CAMP MISSION:

Infinity Sports Camps and the Brown University Staff show each player that her game has infinite possibilities by teaching her the latest skills, encouraging her to take the risks to get to the next level, and creating a fun, challenging learning environment. – Learn how to play beyond your imagination. You have infinite potential!

### CAMP DIRECTORS:

Keely McDonald, Brown Head Coach, Brown '00- Jill DePetris, Brown Assistant Coach, Syracuse '07- Meg Miller, Brown Assistant Coach, Duke '04

### CAMP STAFF:

The camp staff will include the Brown University Staff, college coaches from UNH, UConn, Cortland, Brown University players and additional coaches. After March 1, a complete staff list will be available online.

### CANCELLATION POLICY:

All requests for cancellations must be sent in writing through email or fax. All monies will be refunded, except for a \$150.00 processing fee, provided cancellation arrives at least two weeks prior to the start of camp. No refunds will be given less than two weeks before the start of camp.

### MEDICAL CARE:

A certified athletic trainer will be on hand to assist with taping and minor injuries. You should come to camp ready to participate in all sessions and games. Emergency medical facilities are near by. Included in the camp confirmation packet is a health form that must be signed by a physician prior to the start of camp. You can download this form at [www.brownbears.com](http://www.brownbears.com)



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**FEE:**

\$515 Overnight, \$415 Commuter

Fee Includes: Room and Board, instruction, reversible, t-shirt, water bottle, and camper training packet

★ \$20 discount off each participant for 10 or more players from same high school or club team.

**FACILITIES:**

The College Training Camp will be held at Portsmouth Abbey Campus. Portsmouth Abbey is located in Portsmouth, RI on 500 acres of land that border the Narragansett Bay. The space allows for multiple full field playing fields, a fitness facility, a projection screen media room (for watching film) and full access to the other fitness centers on campus. Players will stay and dine in the Portsmouth Abbey residential housing. All floors will have adult supervision. Campers will play on grass. More information can be found at [www.portsmouthabbey.org](http://www.portsmouthabbey.org).

**COMMUTER POLICY:**

Drop off and pick up will be located at the dorms (given at registration) Drop off time is 8:30 am. Pick up time is 8:15 pm. Commuters will be provided lunch and dinner. We will also have a commuter lounge where they can hang out during breaks. **All commuters must check in and out with camp staff every morning and night.**



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### PARENTAL RELEASE FORM

BRING WITH YOU AT REGISTRATION- DO NOT MAIL OR FAX THIS FORM IN!

This form is to be completed in FULL, including signature of Parent or Guardian, and brought to check-in. Do not mail or fax this form in. Campers will NOT BE ALLOWED to participate without both Parental Release and Health Forms completed in full. If attending multiple camps, please make copies of both forms and bring a separate copy to each check-in.

Camper's Name: \_\_\_\_\_  
Emergency Contact Name and Number: \_\_\_\_\_

I, \_\_\_\_\_, give permission for \_\_\_\_\_ to attend  
(Parent Name) (Camper Name)  
and participate in the Infinity Sports Camp \_\_\_\_\_.  
(Name and Date of Camp)

I authorize the staff of the camp to use their best judgment in allowing my child to receive emergency/medical or surgical treatment if necessary. I understand that every effort will be made to contact me prior to such action. PLEASE BE ADVISED THAT IT IS IMPERATIVE THAT YOUR CHILD BE IN GOOD HEALTH WHEN ARRIVING AT CAMP. THE DUTIES OF CAMP PERSONNEL CANNOT INCLUDE PROVIDING MEDICAL CARE FOR CAMPERS ARRIVING AT CAMP WITH A PRE-EXISTING CONDITION.)

I Herby:

1. Certify that, to the best of my knowledge, the medical information is complete and correct.
2. Agree to assume all risk of personal injury arising from participation in this camp, understanding that this sport does not involve the potential for injury.
3. Agree not to hold the staff responsible for any injury sustained during camp participation.
4. Agree not to bring suit against Infinity Sports Camps staff or Infinity Sports Camps for any injury sustained.
5. Agree to allow the Camp Director to use sound judgment in obtaining necessary medical care, at the expense of the parent.
6. Agree to accept any decisions made by the Camp Director in terminating attendance due to unacceptable.

I can be reached by phone during the day at: \_\_\_\_\_, in the evening at: \_\_\_\_\_ and by email at \_\_\_\_\_  
Alternate emergency contact person: \_\_\_\_\_  
Day Phone #: \_\_\_\_\_ Evening Phone # \_\_\_\_\_

Insurance Provider: \_\_\_\_\_  
Policy Number: \_\_\_\_\_  
Policy Holder's Name: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_





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## TRANSPORTATION INFORMATION

By Plane:

TF Green Airport - Providence (PVD)

Warwick, Rhode Island

Distance from Portsmouth Abbey: 35 miles, 45 minutes.

**★ If you are flying by yourself, please email [infinitycamps@aol.com](mailto:infinitycamps@aol.com) your flight information (arrival time, airline, flight #) and cell phone. We can provide transportation from the airport for a \$15.00 fee each way.**

By Train:

Providence Station

Providence, Rhode Island

Distance from Portsmouth Abbey: 30 miles, 35 minutes

**★ If you are taking the train by yourself, please email [infinitycamps@aol.com](mailto:infinitycamps@aol.com) your train information (arrival time, train #) and cell phone. We can provide transportation from the Providence train station for a \$15.00 fee each way.**

By Car:

Address: 285 Cory's Lane, Portsmouth, RI 02871

Directions:

From New York City (the South) :

1. Take Interstate 95 North through Connecticut to Rhode Island.
2. Rhode Island, Exit 3 to Route 138 East.
3. Follow signs to Jamestown and Newport (Pell) Bridge (\$2 toll).
4. Bear left at end of Newport Bridge to Admiral Kalbfus Road.
5. At end of exit ramp turn left at traffic light.
6. Turn left at second traffic light, the intersection of Route 114.
7. Travel approximately 9 miles north on Route 114.
8. Immediately after a green highway sign on right hand side of the road which reads "Portsmouth Abbey and School" turn left at traffic light onto Cory's Lane.
9. One-half mile down the lane on the right is the entrance to the School. Look and follow Admissions Office signage. Parking is available in front of the Admissions Office.

From Boston (the North):

1. From any point in the Greater Boston area, take Route 128 to Route 24 South, heading toward Fall River and Newport.
2. Take Route 195 West for one half mile, then rejoin Route 24 South toward Newport.
3. Remain on Route 24 South until it merges with Route 114.
4. At the first traffic light after the merge, look for the green highway sign that reads "Portsmouth Abbey and School."



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5. Turn right onto Cory's Lane at traffic light.
6. One-half mile down the lane on the right is the entrance to the School. Look and follow Admissions Office signage. Parking is available in front of the Admissions Office.

## REGISTRATION INFORMATION

Registration will be from 2pm to 4pm on July 11<sup>th</sup>. Registration will be at the Administration Office. See above for directions.

✓ **Bring your Health Form and Parental Release Form to registration – do not mail in.** Campers will not be able to participate in camp with out the proper, *signed* forms (pages 5 and 6 of this packet).

## CHECK OUT INFORMATION

Check out will be from 11am to 1pm on July 14<sup>th</sup>. Check out will be located at the dormitory. Your dormitory assignment and location will be given to you on July 11<sup>th</sup> at registration.

### College Training Camp Daily Schedule:

8:00am	Breakfast
8:30am	Check in/Warm Up/Yoga/Strength training/Games
9:00am	Skills Session
12:00pm	Lunch
2:00pm	Small Situations Session and scrimmages
5:00pm	Dinner
7:00pm	Night Session Scrimmages
8:15pm	Optional Camper vs Counselor Instructional Scrimmage
8:45pm	Optional Video Session or Skit night



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WHAT TO BRING:

Lacrosse Stick  
Goggles  
Mouthguard  
Cleats  
Sneakers/ Turf Shoes  
Plenty of t-shirts  
Shorts  
Socks  
Money for the Camp Store to get the latest Brown gear!  
Towel  
Toiletries  
Bedding for dorm  
Fan (for the room)

OTHER IMPORTANT THINGS TO BRING:

SIGNED AND COMPLETED PARENT RELEASE FORM (page 5)  
SIGNED AND COMPLETED HEALTH FORM (page 6)  
BALANCE (IF DUE)



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**LODGING & RESTAURANTS**

*Middletown Hotels*

[Marriott Courtyard](#), 9 Commerce Drive 849-8000, 800-321-2211  
Hampton Inn & Suites, 317 W. Main Road 847-5131  
Holiday Inn Express, 855 W. Main Road 848-7128, 888-465-4329  
Residence Inn by Marriott, 325 W. Main Road 845-2005

*Newport Hotels*

[Newport Marriott](#), 25 America's Cup Ave. 849-1000, 800-453066  
[Hyatt Regency](#), Goat Island 851-1234  
Newport Harbor Hotel, America's Cup Ave. 847-9000  
[Vanderbilt Hall](#), 41 Mary Street 846-6200, 888-826-4255  
[Viking Hotel](#), 1 Bellevue Ave. 847-3300, 800-556-7126

*Newport Inns*

[Castle Hill Inn and Resort](#), Ocean Drive 849-3800  
[Mill Street Inn](#), 75 Mill St. 849-9500  
[Admiral Fitzroy Inn](#), 398 Thames St. 848-8018  
[Almondy Inn](#), 25 Pelham St. 848-7202

*Providence Hotels*

Raddison Hotel, 200 India Street, Providence RI 02903 401-272-5577  
Holiday Inn, 21 Atwells Ave, Providence RI 02903 401-431-3900

**Restaurants**

*Middletown*

*Casual Dining*

Gold's Wood Fired Grille, 21 Valley Road 849-3377  
Sea Shai Sushi, 747 Aquidneck Ave. 849-5180

*Newport's Award-Winning Restaurants*

[22 Bowen's Wine Bar and Grille](#), Bowen's Wharf 841-8884  
[Castle Hill Inn](#), Ocean Drive 849-3800  
White Horse Tavern, Marlborough St. 849-3600

*Newport's Casual Dining*

[Brick Alley Pub](#), 141 Thames Street 849-6334  
The Red Parrot, 348 Thames St. 847-3800  
[Salvation Cafe](#), 140 Broadway 847-2620  
Sardella's, 30 Memorial Blvd. 849-6312  
The Black Pearl, Bannister's Wharf 846-5264  
[Yesterday's](#), 28 Washington Square 847-0116

*Providence*

Café Paragon, 234 Thayer Street 401-331-6200  
Cheesecake Factory, Providence Place Mall 401-220-4010